

1. According to your text, use of which of the following substances has remained fairly constant in society, despite widespread knowledge of their dangers and the various types of tolls these drugs can bring?
- a. Alcohol and tobacco
  - b. Marijuana and LSD
  - c. Cocaine and heroin
  - d. Anabolic steroids and inhalants

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* Introduction

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.1A - Career Development – Theories and models of career development, counseling, and decision making  
United States - CSHSE. 2a - ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation

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2. The direct and indirect cost of substance use disorders totals \_\_\_\_\_ percent of the average state's budget.
- a. 5
  - b. 10
  - c. 15
  - d. 20

*ANSWER:* c

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.2H - Social and cultural diversity—Strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination  
United States - CSHSE. 1g - ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation

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3. Which of the following should be included on a list of the indirect costs of the “war on drugs?”

- a. the costs of incarcerating those convicted of drug-related offenses.
- b. providing healthcare for the families of those convicted of drug-related offenses.
- c. costs associated with prevention and treatment.
- d. all of these answers are correct.

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.2H - Social and cultural diversity—Strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination  
United States - CSHSE.1g - Skills to analyze and interpret historical data for application in advocacy and social change.

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4. Adults with substance use disorders are more likely to physically abuse and/or neglect their children than their non-abusing peers.

- a. True
- b. False

*ANSWER:* True

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* True / False

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors  
United States - CSHSE.2a - Theories of human development.

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5. According to Leamon, et al. (2008), at least \_\_\_\_ percent of the world's population has used at least one psychoactive substance at some point in their lives.
- a. 5
  - b. 25
  - c. 50
  - d. 75

*ANSWER:* c

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.3b - theories of learning  
United States - CSHSE.4i - Utilizing research findings and other information for community education and public relations.

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6. What percent of the entire world population between 15 and 64 years of age has abused an illicit substance at least once in 2014?
- a. 3%
  - b. 21%
  - c. 53%
  - d. 74%

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8A - Research and program evaluation—The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice  
United States - CSHSE.4i - Utilizing research findings and other information for community education and public relations.

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7. The most commonly used drug in the world is \_\_\_\_\_.

- a. methamphetamine
- b. marijuana
- c. nicotine
- d. alcohol

*ANSWER:* b

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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8. Women are more likely to develop an alcohol abuse disorder than men.

- a. True
- b. False

*ANSWER:* False

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* True / False

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors  
United States - CSHSE.2a - Theories of human development.

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9. Drug use disorders are the \_\_\_\_\_ leading cause of death in adults around the world.

- a. thirrd
- b. fourth
- c. sixth
- d. eightth

*ANSWER:* c

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Misuse and substance use disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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10. Each day in the United States, approximately \_\_\_\_\_ people will try an illicit drug for the first time.

- a. 2,000
- b. 4,000
- c. 8,000
- d. 10,000

*ANSWER:* c

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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11. As a hospital administrator, you would expect that \_\_\_\_ percent of admissions to the hospital would be related to alcohol use/misuse.
- a. 5
  - b. 15
  - c. 25
  - d. 35-40

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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12. What percentage of psychiatric hospital admissions are not associated with drug or alcohol abuse?
- a. 15-20 %
  - b. 8-10 %
  - c. 25-30 %
  - d. 25-50 %

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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13. Estimates suggest that alcohol use disorders cost the world economy about \_\_\_\_\_ each year.

- a. \$375 billion
- b. \$264 billion
- c. \$600 billion
- d. 880 million

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8A - Research and program evaluation—The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice  
United States - CSHSE.3f - International and global influences on services delivery.

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14. The annual estimated economic impact of alcohol use disorders in the United States is thought to be

- a. \$98 million per year.
- b. \$\$250 billion
- c. \$\$1.1 trillion
- d. \$1.5 trillion

*ANSWER:* b

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Misuse and substance use disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.2h - Processes to analyze, interpret, and effect policies and laws at local, state, and national levels that influence services delivery systems.

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15. What percent of physicians in the United States believe they are adequately trained to treat substance abusers?

- a. 30%
- b. More than %
- c. 17%
- d. Less than 20 %

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Who Treats Persons with a substance use disorder?

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.04 - Describe those who encounter and treat individuals with SUDs

*NATIONAL STANDARDS:* United States - CACREP.4e - strategies for assessing abilities, interests, values, personality and other factors that contribute to career development  
United States - CSHSE.8g - Reflection on professional self (e.g., journaling, development of a portfolio, or project demonstrating competency).

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16. Around the world, heroin accounts for \_\_\_\_ percent of opiate use disorders.

- a. just over 70
- b. right around 50
- c. slightly less than 30
- d. under 10

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8A - Research and program evaluation—The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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17. For most individuals, experimentation with the illicit use of drugs

- a. occurs only once.
- b. initiates a slow, but inevitable, advance into addiction.
- c. runs a course of use that usually lasts 5-10 years.
- d. lasts for less than a year.

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.3D - Theories and etiology of addictions and addictive behaviors

United States - CSHSE.2a - Theories of human development.

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18. The majority of nursing schools required only \_\_\_\_\_ hours of instruction on alcohol and drug abuse content during students' entire undergraduate careers.

- a. 1 to 5
- b. 6 to 10
- c. 20
- d. 40 to 46

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* Who Treats Persons with a substance use disorder?

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.04 - Describe those who encounter and treat individuals with SUDs

*NATIONAL STANDARDS:* United States - CACREP.4c - processes for identifying and using career, avocational, educational, occupational and labor market information resources, technology, and information systems

United States - CSHSE.8g - Reflection on professional self (e.g., journaling, development of a portfolio, or project demonstrating competency).

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19. The number of people in the United States who use cocaine has \_\_\_\_\_ in recent years.

- a. doubled
- b. gone down
- c. tripled
- d. stayed stable

*ANSWER:* b

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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20. Nearly \_\_\_\_\_ million people in the United States smoke cigarettes.

- a. 30
- b. 45
- c. 60
- d. 100

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* The Scope of the Problem of the Substance Use Disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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21. In the United States, the number of deaths resulting from illicit drug use are \_\_\_\_\_ those from legal substance use.
- a. much higher than
  - b. statistically the same as
  - c. more numerous than
  - d. only a fraction of

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Abuse/Addiction

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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22. Alcohol is thought to contribute to approximately \_\_\_\_\_ of all motor vehicle accidents.
- a. 40%
  - b. 60%
  - c. 30%
  - d. 50%

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Misuse and substance use disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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23. Annually, one in \_\_\_\_ of all deaths in the U.S. can be directly traced to smoking-related illnesses.

- a. ten
- b. three
- c. five
- d. two

*ANSWER:* c

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Misuse and substance use disorders

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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24. The majority of psychologists surveyed reported \_\_\_\_\_ regarding the identification or treatment of addictions.

- a. no formal training
- b. confidence
- c. being comfortable
- d. felt adequately prepared coming out of graduate school

*ANSWER:* a

*POINTS:* 1

*REFERENCES:* Who Treats Persons with a substance use disorder?

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.04 - Describe those who encounter and treat individuals with SUDs

*NATIONAL STANDARDS:* United States - CACREP.4e - strategies for assessing abilities, interests, values, personality and other factors that contribute to career development  
United States - CSHSE.8g - Reflection on professional self (e.g., journaling, development of a portfolio, or project demonstrating competency).

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25. The majority of undergraduate nursing programs require \_\_\_\_\_ of instruction on alcohol and drug abuse content.
- a. one semester
  - b. a single course
  - c. several weeks
  - d. 1 to 5 clock hours

*ANSWER:* d

*POINTS:* 1

*REFERENCES:* Who Treats Persons with a substance use disorder?

*QUESTION TYPE:* Multiple Choice

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.04 - Describe those who encounter and treat individuals with SUDs

*NATIONAL STANDARDS:* United States - CACREP.4c - processes for identifying and using career, avocational, educational, occupational and labor market information resources, technology, and information systems  
United States - CSHSE.8g - Reflection on professional self (e.g., journaling, development of a portfolio, or project demonstrating competency).

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26. Discuss the costs of alcohol use/abuse/addiction in general economic terms and in healthcare expenditures, providing information for both the United States and the World.

*ANSWER:* No answer provided.

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Misuse and substance use disorders

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.2A - Social and Cultural Diversity – Multicultural and pluralistic characteristics within and among diverse groups nationally and internationally  
United States - CSHSE.2g - Processes to effect social change through advocacy work at all levels of society including community development, community and grassroots organizing, and local and global activism.

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27. Describe some of the shortcomings in the training of various healthcare workers regarding the identification and treatment of substance abuse disorders (substance use disorders).

*ANSWER:* No answer provided.

*POINTS:* 1

*REFERENCES:* Who Treats Persons with a substance use disorder?

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.04 - Describe those who encounter and treat individuals with SUDs

*NATIONAL STANDARDS:* United States - CACREP.4a - theories and models of career development, counseling, and decision making  
United States - CSHSE.8g - Reflection on professional self (e.g., journaling, development of a portfolio, or project demonstrating competency).

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28. Contrast the historical patterns seen with alcohol/tobacco use with that of the general patterns of use of illicit substances in the U.S.

*ANSWER:* No answer provided.

*POINTS:* 1

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.02 - Identify the scope of the problem of alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.8F - Qualitative, quantitative, and mixed research methods  
United States - CSHSE.4c - Compiling, synthesizing, and categorizing information.

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29. Describe the tactics politicians use to hide the true cost of the "war" on drugs.

*ANSWER:* No answer provided.

*POINTS:* 1

*REFERENCES:* Introduction

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.2B - Social and Cultural Diversity – Theories and models of multicultural counseling, cultural identity development, and social justice and advocacy

United States - CSHSE.1f - Exposure to a spectrum of political ideologies.

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30. How do Substance Use Disorders (substance use disorders) contribute to the rise in healthcare costs?

*ANSWER:* No answer provided.

*POINTS:* 1

*REFERENCES:* The Cost of Chemical Abuse/Addiction

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.03 - Understand the costs related to alcohol and drug misuse and SUDs

*NATIONAL STANDARDS:* United States - CACREP.1h - current labor market information relevant to opportunities for practice within the counseling profession

United States - CSHSE.1g - Skills to analyze and interpret historical data for application in advocacy and social change.

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31. Discuss the statistics of how substance use disorders are involved with those who are admitted to hospitals in a given year, focusing on a variety of different substances.

*ANSWER:* No answer provided.

*POINTS:* 1

*REFERENCES:* Substance Use Disorders as Unsuspected Influences on Society

*QUESTION TYPE:* Essay

*HAS VARIABLES:* False

*LEARNING OBJECTIVES:* DOWE.COCD.19.01.01 - Understand why substance misuse and SUDs are legitimate problems for society

*NATIONAL STANDARDS:* United States - CACREP.8i - analysis and use of data in counseling  
United States - CSHSE.3a - The range and characteristics of human services delivery systems and organizations.

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